

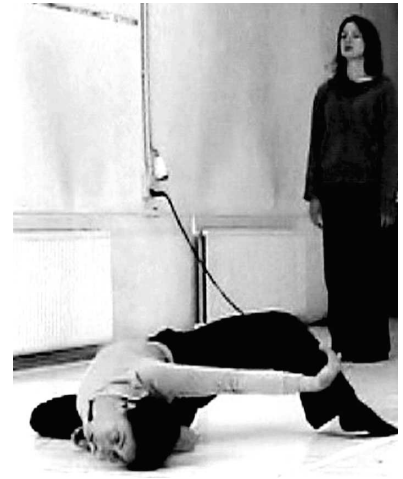
# Workshop „From Stage to Page to Stage“ – *Writing the body's music*

September 11 – 12, 2010

Saturday & Sunday, 10am - 4pm

DEUTSCHE VERSION unter:

[www.performancelabberlin.com/workshops/September2010.pdf](http://www.performancelabberlin.com/workshops/September2010.pdf)



**There are many workshops** and courses which take participants from written material on the page to some sort of stage presentation or performance. In this workshop we will do the opposite: you'll learn how to go from stage to page – and back.

**We will work** with language as living, vibrant material. It breathes, moves, changes, grows, challenges – it possesses its own rhythms and dynamics. We will work with the body, voice, space and words. After physically exploring space, rhythms and tensions, you will be led to apply these discoveries to words on the page.

**In the workshop** we will work with improvisation exercises designed to stimulate your imagination and make you look at language in a new light. Sounds, rhythms and images are sharpened. These discoveries flow into your writing on the page. Page can then flow back to stage.

**What you choose** to write about and what form it takes depends on you. At the end of the workshop you will have gained new insights, impressions and techniques. You can take them with you and apply them outside the workshop, bringing more sharpness and precision to both your writing and performance.

**The workshop will be taught** by Shannon Sullivan/ Performance Lab Berlin.

**Shannon Sullivan** has been working with the body for over 20 years. Originally trained as a professional dancer, she continued to study acting, writing, anatomy, music and improvisation. She is the founder of Performance Lab Berlin and the curator of the yearly event SWAN Day Berlin (Support Women Artists Now Day). Her newest piece “Broken: Part I” premiered at SWAN Day Berlin 2010/ NAH DRAN XX in March 2010 at ada-Studio Berlin.

## **Dates & Location:**

September 11 – September 12, 2010, Saturday & Sunday, 10am – 4pm

The workshop will take place at “Gelber Raum”, Mariannenstr. 48, 10997 Berlin-Kreuzberg.

## **Tuition & Registration:**

The workshop fee is 110,- € / 90,- € reduced fee. Reduced fee is for payments received by August 15, 2010. The number of participants is limited to twelve. To register for the workshop please fill out and sign the registration form below and return it to us per post. Places are reserved in the order in which payment is received.

**If you have any questions**, please don't hesitate to contact us:

Shannon Sullivan (Artistic/ Workshop Director): +49 (0)160 - 994 865 71

Joey Juschka (Dramaturgy): Ph +49 (0)178 – 364 3990

Email: [team@performancelabberlin.com](mailto:team@performancelabberlin.com), Web: [www.performancelabberlin.com](http://www.performancelabberlin.com)

## Registration Form "From Stage to Page to Stage"

Please fill out the following form and send it to:

Performance Lab Berlin, PF 360219, 10972 Berlin.

**I hereby register for the Performance Lab Berlin Weekend Workshop "From Stage to Page to Stage", September 11 – September 12, 2010, Saturday & Sunday, 10am - 4pm. Workshop location: "Gelber Raum", Mariannenstr. 48, 10997 Berlin, U1 Görlitzer Bahnhof, U1/ U8 Kottbusser Tor.**

**Name:** \_\_\_\_\_

**Address (Street, ZIP, City):** \_\_\_\_\_

**Ph.- Nr.:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

**I heard about Performance Lab Berlin through:** \_\_\_\_\_

**Previous Performance/ Dance/ Theatre Experience:** \_\_\_\_\_

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The workshop fee is 110,- € / 90,- € reduced fee. Reduced fee is for payments **received** by August 15, 2010; please take into account the processing time your bank requires for wire-transfers. The number of participants is limited to twelve. Places are reserved in the order in which payment is received. In the event there are more registrants than places, or in the event the workshop is cancelled, the whole workshop fee will be refunded. Workshop participation is at your own risk.

**I have wire-transferred the amount of \_\_\_\_\_ €.**

Kontoinhaber: Performance Lab Berlin  
Kontonummer: 6603133758  
BLZ: 100 500 00 (Sparkasse Berlin)  
IBAN: DE79 1005 0000 6603 1337 58  
BIC: BE LA DE BE

**I prefer to pay the course fee in cash, 110,- €, due in total on the first day of class.**

**Terms of Registration:** I understand that my registration is binding and agree to pay the entire workshop fee. If you cancel your reservation less than 14 days before the beginning of the workshop, the fee minus 25,- € processing fee will be refunded to you. If you cancel on shorter notice, no refund will be given or you will be billed for the entire course fee unless you provide a person to fill the place you vacated.

**I have read and agree to the terms of registration.**

\_\_\_\_\_  
**Place, Date**

\_\_\_\_\_  
**Signature**