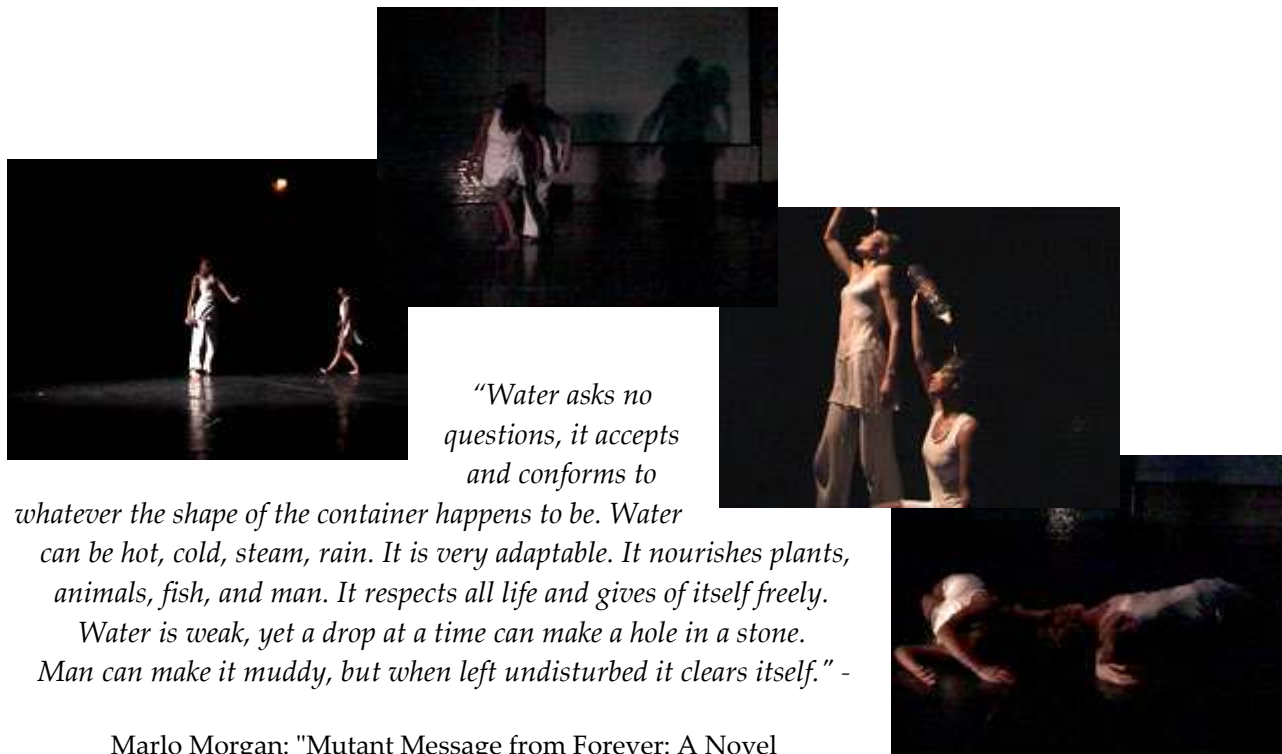


## Performance Lab Berlin: "Form/losigkeit"

Premiere 28.07.2007, Pumpwerk, Berlin

Concept/ Choreography: Shannon Sullivan

Performers: Maike Bartz, Eva Wegener



*"Water asks no questions, it accepts and conforms to*

*whatever the shape of the container happens to be. Water can be hot, cold, steam, rain. It is very adaptable. It nourishes plants, animals, fish, and man. It respects all life and gives of itself freely. Water is weak, yet a drop at a time can make a hole in a stone. Man can make it muddy, but when left undisturbed it clears itself."* -

Marlo Morgan: "Mutant Message from Forever: A Novel of Aboriginal Wisdom", p. 243 - 244

Chinese doctors and philosophers have observed nature for thousand of years in order to better understand the essence of the human being. They believe that every phenomenon which is present in the natural world is also present inside each person. They classify these forces into five elements, the essence of the life cycle: fire, wood, water, metal and earth.

Of all these elements, water is the most mysterious one. Water is the beginning and the end of the life cycle. It symbolizes death as well as birth: the deconstruction of form, the unlimited possibilities of formlessness.

To be formless ("form-los") is to be free from definition, is to have unlimited potential – and the fear of the unknown, the fear of not-being. No beginning without end, no birth without death. *Performance Lab Berlin* explores these nuances of the element water in a structured improvisation, using movement, voice and text.

"**Form/losigkeit**" was presented during the 100-year anniversary festivities of the "Pumpwerk" building in Erich-Weinert-Straße, Berlin, a gigantic water pump station which was only recently shut down and now functions as a center for culture and the arts.

### Performance Lab Berlin:

Shannon Sullivan & Joey Juschka

Performance Lab Berlin – PF 360219 – D- 10972 Berlin, Germany – [www.performancelabberlin.com](http://www.performancelabberlin.com)